

# morning routine

Brush teeth  
Apply Sunscreen  
Get Dressed  
Brush Hair  
Eat Breakfast  
Get Backpack/Lunch/Snack  
Off to School

# bedtime routine

Put on PJs (Dirty Clothes in Hamper)  
Brush Teeth  
Wash Face  
Go Potty  
Pick Up Bedroom  
Set Out Clothes for Tomorrow  
Pack Backpack/Homework/Activity Bags  
Read Story  
Night Night!