



September

In Season Fruit

Pomegranate
Grapes
Apples
Pears

In Season Veggies

Eggplant
Pumpkin
Tomato
Spinach
Artichokes
Cucumber
Onion
Squash

Notable Events

Labor Day
Hispanic Heritage Month
Back to School Clearance Sales

What is on Sale

Fall clothing sales begin (mid to end of the month)
Breakfast items
Grilling supplies (around Labor Day)
Baby item sales begin

Looking ahead @ October

Lots of Halloween candy, costumes and supplies
Daylight Savings time
Pet Food and supplies
Baking products for the Holidays
Italian foods- tomato products, pizza etc..