



# August

## *In Season Fruit*

Apples      Plums  
Grapes      Raspberries  
Melons      Strawberries  
Peaches     Blueberries  
Pears

## *In Season Veggies*

Avocados  
Corn  
Cucumber  
Eggplant  
Tomatoes  
Summer Squash

## *Notable Events*

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Labor Day sales at the end of the month (grilling items)  
End of summer sales (clothing, sunscreen, outdoor items)  
Back to School clearance sales

## *What is on Sale*

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Waffles, frozen breakfast items  
School supplies  
Cereals (notably Kellogg's)  
Hand Sanitizers and Disinfecting wipes  
Lunchbox items: granola bars, juice boxes, pudding cups, lunchables  
Lunchmeats

## *Looking ahead @ September*

National Organic Month  
Labor Day sales  
Hispanic Heritage Month  
Beginning of Fall

Halloween and Holiday promotions begin

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