



March

In Season Fruit

Strawberries
Kiwi
Lemon
Limes
Mango
Navel Oranges
Pineapple
Rhubarb
Strawberries

In Season Veggies

Artichoke
Asparagus
Avocados
Broccoli
Cabbage
Carrots
Cauliflower
Celery
Collards
Fennel
Leeks
Morel Mushrooms
Onions
Peas
Spinach

Notable Events

St Patricks Day

Start of Spring

Valentine's Day Clearance ends and Easter items will be in stores

What is on Sale

Frozen Food Month: Frozen meals, breakfast items, meats, pizzas, veggies.

Peanut Butter

Spring Cleaning items

Baking Products

Looking ahead @ April

Easter sales: ham, baking supplies, candy, eggs

Earth Day: Organic foods, reusable totes, cleaning items